



Cuyahoga County Women's Health Commission

Physical Health Committee

AGENDA

January 15, 2026 | 3:30 PM

Virtual - [Teams Link](#)

1. Welcome and Roll Call

2. Committee Initiatives Calendar

Initiative	Committee	Date	Notes
Committee Meetings		January, 2026	
Full WHC Meeting		February 19, 2026	All
Podcast launch	Mental	March, 2026	Topic: Grief Points: Long, Brissett Advise: Conwell
Full WHC Meeting		May 28, 2026	All
Community Health Event Series - East	Physical	May/June, 2026	Points: Turner, Kaus, Thomas
Podcast	Mental	July, 2026	Topic: TBD Points: Merriman, Campbell Advise: Conwell
Full WHC Meeting		August 20, 2026	All
Podcast	Mental	August, 2026	Topic: TBD Points: Long, Brissett
Community Health Event Series - West	Physical	September, 2026	Points: Santana, Golembiewski, Moreland
DV event series	Mental	October, 2026	Point: Conwell
Full WHC Meeting		November 19, 2026	All
Period Product Drive	Physical	November, 2026	Points (External): Beene, Nickerson

3. Planning Community Health Event Series – East side

a. Identify:

- i. Date**
- ii. Location**
- iii. Key Partner(s)**
- iv. Topic**

4. Next Meeting

- a. Set Committee Meeting Date**
- b. Full WHC Meeting: February 19th at 9am**

5. Adjournment