

SNAP Work Requirement Exemptions

If you meet one of these exemptions, SNAP Work Requirements do not apply to you.



Exemption Criteria	18–59	60–64
Pregnant	✓	✓
Assistance group includes a child under 14	✓	✓
Indian, Urban Indian, or California Indian	✓	✓
Physically or Mentally unfit for employment	✓	✓
Caring for an incapacitated person	✓	✗
Applying for or receiving Unemployment Compensation	✓	✗
Participation in drug/alcohol treatment program	✓	✗
Enrolled in school/training half-time or more	✓	✗
Working 30 hrs/week (or equivalent pay)	✓	✗

**Don't Meet an Exemption?
Then You Are Considered Work Required**



Limited to receiving SNAP benefits for 3 months in a 3-year period unless you complete and document at least 20 hours per week (80 hours/month) of a work activity.
Approved work activities include:

- ✓ **Paid Employment**
- ✓ **Qualified training, such as the voluntary SNAP Employment and Training Program**
- ✓ **Community Service (Unpaid work)****



You must use the ABA Verification of Unpaid Hours (Form 7410) to document unpaid work hours for the work requirement. Find it on our website at <https://www.odjfs.state.oh.us/forms/> by searching "7410" or "ABA Verification of Unpaid Hours".



Dept. of Health and Human Services
Cuyahoga Job and Family Services

Visit [our website](#) to learn more
about SNAP Work Requirements

