

SNAP Work Requirement Exemptions

If you meet any of these exemptions, SNAP Work Requirements do not apply. Also, individuals aged 60–64 with a General Exemption other than age are now exempt from the Able Bodied Adult (ABA) time limit.



Exemption Criteria	18–64
Pregnant	☒
Assistance group includes a child under 14	☒
Indian, Urban Indian, or California Indian	☒
Physically or Mentally unfit for employment	☒
Caring for an incapacitated person	☒
Applying for or receiving Unemployment Compensation	☒
Participation in drug/alcohol treatment program	☒
Enrolled in school/training half-time or more	☒
Working 30 hrs/week (or equivalent pay)	☒

**Don't Meet an Exemption?
Then You Are Considered Work Required**



Limited to receiving SNAP benefits for 3 months in a 3-year period unless you complete and document at least 20 hours per week (80 hours/month) of a work activity. Approved work activities include:

- ✓ **Paid Employment** (<https://greaterclevelandworks.org/>)
- ✓ **Qualified training, such as the voluntary SNAP Employment and Training Program**
- ✓ **Community Service /Unpaid work** (<https://greaterclevelandvolunteers.org/>) **



**You must use the ABA Verification of Unpaid Hours (Form 7410) to document unpaid work hours for the work requirement. Find it on our website at <https://www.odjfs.state.oh.us/forms/> by searching "7410" or "ABA Verification of Unpaid Hours".



Dept. of Health and Human Services
Cuyahoga Job and Family Services

Visit [our website](#) to learn more
about SNAP Work Requirements

