

SNAP General Work Requirement Exemptions



In Ohio, individuals ages 16–64 are screened when applying for SNAP to determine whether work requirements apply. Eligibility staff will ask questions to determine if you qualify for an exemption from the SNAP General Work Requirements.

Exemptions Include:



Under age 16



Age 16 or 17, attending school full-time, not the Primary Applicant



Employed/Self-Employed at least **30 hours per week** OR earning wages equal to federal minimum wage x 30hrs



Physically or Mentally unfit for work



Student enrolled at least half-time



Caring for an incapacitated person



Participation in drug/alcohol treatment program



Applied for SSI and SNAP at the Social Security Office



Caring for a child under age 6



Complying with **OWF (Cash) work requirements**



Recipient/Applicant complying with **Unemployment Compensation**

If you do not meet a General Work Requirement Exemption, please see the back page to check if you meet an Able-Bodied Adult (ABA) Exemption.



Dept. of Health and Human Services
Cuyahoga Job and Family Services

SNAP Able-Bodied Adult Work Requirement Exemptions

If you meet any of these exemptions, SNAP General Work Requirements do not apply. Also, individuals aged 60–64 with a General Exemption other than age are now exempt from the Able-Bodied Adult (ABA) time limit.



Exemption Criteria	18–64
Pregnant	☒
Assistance group includes a child under 14	☒
Indian, Urban Indian, or California Indian	☒
Physically or Mentally unfit for employment	☒
Caring for an incapacitated person	☒
Recipient/Applicant complying with Unemployment Compensation	☒
Participation in drug/alcohol treatment program	☒
Enrolled in school/training half-time or more	☒
Working 30 hrs/week (or equivalent pay)	☒

**Don't Meet an Exemption?
Then You Are Considered Work Required ABA**



Limited to receiving SNAP benefits for 3 months in a 3-year period unless you complete and document at least 20 hours per week (80 hours/month) of a work activity. Hours can be made up of any combination of approved work activities, such as:

- ✓ **Paid Employment** (<https://greaterclevelandworks.org/>)
- ✓ **Qualified training, such as the voluntary SNAP Employment and Training Program**
- ✓ **Community Service /Unpaid work** (<https://greaterclevelandvolunteers.org/>)**



**You must use the ABA Verification of Unpaid Hours (Form 7410) to document unpaid work hours for the work requirement. Find it on our website at <https://go.cuyahogacounty.gov/JFS07410>



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Visit [our website](#) to learn more
about SNAP Work Requirements

